



TALLGRASS 24-HOUR PRAYER GUIDE

#5: 21 DAYS OF PRAYER & FASTING

Today, we're kicking off a special 21 Days of Prayer and Fasting in partnership with many other churches in our city, beginning August 31 - September 20. We'll be asking God to move in our city by focusing our prayers for Tallgrass groups and ministries this fall.

We'll begin with our 24-Hour Prayer Vigil, August 31, 6:30am-September 1, 6:30am. Please use this guide below for that time, making your way through any or as many of the days as you feel led during your time slot. Please consider fasting during some portion (or all) of the day as well. Lots of flexibility!

For the rest of the 21 Days of Prayer and Fasting, use the guide below to pray depending on the day of the week. We also specifically encourage you to try incorporating some type of fasting. Your personal fast should present a level of challenge, but it is very important for you to know your body and your options. Here are some different fasting options:

- **COMPLETE FAST:** Drink only liquids (typically water) for a 24-hour period (or longer) and let your hunger pangs drive you to prayer. Some also choose to drink coffee.
- **PARTIAL FAST:** Abstain from eating any type of food in the morning and afternoon.
- **SELECTIVE FAST:** Remove certain types of food from your diet like meat, sweets, or bread.
- **SOUL FAST:** This is a good option if you have health issues that prevent you from fasting from food, or if you wish to refocus certain areas of your life that are out of balance. You might choose to stop using social media, watching TV, or using your phone for anything other than calls and texts for the duration of the fast. Others may abstain from sex or time with friends. You'd then replace that time with prayer.

SUNDAY

- **CENTRAL GATHERING | 10am**
Pray for rich Spirit-led times together on Sunday mornings and for a real movement of God in and through us. Pray for people to come to Christ. Pray for us to grow in attendance, both from disconnected Tallgrassians and visitors. Pray also for wisdom and provision as we transition from Long's Park to Boys and Girls Club in November, Lord willing.
- **SPROUTS | 10am**
Pray for our Tallgrass kids (all kids at Tallgrass are "our" kids!). Pray for them to enjoy time with friends on Sunday mornings and also to learn more about God and meet Him personally. Pray also for vision and energy for Elisha and Sprouts volunteers.
- **YOUNG ADULT STUDY | 7pm every other week**
Pray for Dilan and Crystal Oglesby as they lead this new group of young adults through a Right Now Media study. Some of those attending are not yet connected with our church, which is pretty cool. Pray for good attendance and growth and for God to do some amazing things in this group.
- **LOCAL CHURCHES**
Pray for other churches in MHK, that God would use them to preach the Gospel, care for the broken, and advance His Kingdom. Pray for strong attendance at their services. Pray for financial provision. Pray for encouragement and fresh vision for their leaders. And for a spirit of unity between churches in MHK.

MONDAY

- **TGY | 7pm**
Pray for our new youth group. With lots of younger students jumping in for the first time, we have a real opportunity to lead and shape the group for the future. Pray for these young men and women to bond well together and grow in their relationship with Jesus. Pray also for Dilan and Crystal Oglesby and Amber Johnson as they help lead these students.

- **TEACHERS & STUDENTS**

Pray for our teachers this semester as they work hard to help teach and care for students in a stressful pandemic season. Pray for stamina, grace, and opportunities for them to be a real blessing. Pray for grade school and college students as they navigate the maze of in-person, at-home learning, and homeschooling. Pray for them to connect and learn well and to bring their anxieties to God in prayer.

- **TALLGRASS LEADERS | ELDERS, STAFF, LIFE GROUP LEADERS**

Pray for our leaders who are working to help us connect and grow. Pray for fresh vision and energy this fall. And for the joy and encouragement of seeing some of the fruit of their ministry. Pray also for protection from spiritual attack and from anxiety, depression, loneliness, or discouragement.

TUESDAY

- **TALLGRASS PRAYER | 6:30am**

Ask God's blessing on this weekly time of prayer and on those who gather. Pray for answered prayers and clear movements of God from this time. Pray also for a spirit of prayer to pervade our church and for many more to commit to praying for God to move.

- **GUYS' GROUP & WOMEN'S STUDY | 7:30pm every other week. Guys Group starts Sept 1. Women's Study starts Sept 8.**

Pray for all Tallgrass men and women to prioritize and connect together during these times. Pray for deepened relationships, heart sharing, and real, vital engagement with God and his Word. Pray for good weather as they'll be meeting outside. Pray for Ricky Greeve and Dave Geldart as they lead the Guys Group and Edie Doane as she leads the Women's Study.

- **RENBERG LIFE GROUP | 7pm**

Their LIFE Groups is meeting every other week for their own guys and girls studies. They asked we pray that they'd all stay spiritually minded through the less frequent meetings. And also that they'd keep taking steps in their walks with Jesus despite the coronavirus challenges. Pray for David and Nikki Renberg as they lead this group – for vision, stamina, encouragement, and protection from the enemy.

WEDNESDAY

- **PARK PARTY | 6pm**

Pray for these open hangout times at various parks around town. Pray that they would serve as a meaningful point of connection for Tallgrassians of all ages. Pray it would also be a place where friends and neighbors could come and get to know TGians.

- **HOLISTIC HEALTH**

Pray for our Tallgrass family to grow substantially in holistic health this fall. Pray for person to grow in physical, mental, emotional, spiritual, and relational health and to discern concrete steps they can take to facilitate growth in each of these foundational areas.

- **FIRST RESPONDERS**

Thank God for those who serve as first responders in various ways during this Covid pandemic. Thank God for our paramedics, nurses, doctors, police, and firefighters and many others. Pray for their safety as they serve our community. And for God to draw them close to Himself.

THURSDAY

- **PURE DESIRE MEN'S GROUP | 730pm**

Pray for the men in Tallgrass' first sexual addiction recovery group. Thank God for their courage to seek healing and freedom. Pray for each of these men to find lasting healing through this intensive work and also a vision to minister out of their freedom. Pray for this group to finish well and for more groups to be birthed from it. Finally pray that Tallgrass will continue to foster a culture of radical grace and where people can seek and find hope and healing from sexual issues without shame.

- **PURE DESIRE WOMEN'S GROUPS**

We long to host Pure Desire groups for women to find healing too, whether from their own sexual and love issues or those dealing with the trauma of betrayal by their spouse's addictions. Thank God for

those TG women who have already expressed interest in both of these groups. Pray for more women to jump in so we can make one or two of these groups happen soon. Pray also for the next round of the “Sex and Jesus” women’s study Amber Johnson will lead this fall. Pray that could be a great next step for TG women.

- **DISCIPLESHIP & SOUL CARE**

Pray for more and deeper discipleship relationships within our church. Thank God for those who are already meeting in various ways to help one another grow in their faith. Pray for that second generation of disciples to emerge quickly so that disciples begin discipling others. Pray that a deep Biblical value of personal discipling and soul care would pervade and grow our church.

FRIDAY

- **JARDINE DISCUSSION | 7:30pm**

Pray for Bill and Naemi Bickmeier as they lead a small group for students and neighbors who live in the Jardine area. Pray for all who come to their group to find community and experience God. Pray also that those who have needs would experience answered prayers of God meeting their needs.

- **GOVERNMENT LEADERS**

Thank God for our leaders who are working to protect and guide us through this pandemic season. Whether you agree with their decisions or not, pray God’s blessing and wisdom over them, using specific names when possible. Pray for God to protect us from violence, chaos, and division connected to the upcoming election. And for Him to use whoever is elected for good. Pray against any spirit of division or bitterness related to political or social issues in our church. Pray for a unity for TGians under Jesus and the Gospel that enables us to engage with important issues productively and lovingly.

SATURDAY

- **NEIGHBORING**

Pray for opportunities today for Tallgrassians to engage their neighbors with the love of Christ. Pray for opportunities to discover and help meet needs. Pray that Tallgrass would keep growing in our commitment to reclaim neighboring.

- **TALLGRASS FAMILY | PARENTS, KIDS, MARRIAGES, SINGLES**

Pray for all Tallgrass families today. Consider using the Tallgrass Directory to pray over names and faces. Pray specifically for parents and kids relationships during this pandemic season – that they’d be strengthened and protected. Pray for marriages to be protected and strengthened too. And pray for singles to experience deep connection and family through our church.

- **TALLGRASS CHURCH VISION AND GROWTH**

Pray that God would strengthen and grow Tallgrass Church this fall – even during pandemic! Pray for a fresh movement of God’s Spirit in our midst that moves us to humility, repentance, prayer, and ministry. Pray that our church can discern any tweaks that may need to be made to help us engage more strategically and effectively this fall. Thank God for his blessing of decently stable financial provision during this pandemic season. Pray for God to bless us with even more resources so we can be a greater blessing to others. Finally, pray for real and widespread revival and renewal in our land.

“If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.”

2 CHRONICLES 7:14

MORE

Join with Ben Deaver in also reading the YouVersion Bible Reading plan: 'Closer Season: 21 Days of Prayer and Fasting' during these 21 days. Check it out here: <https://www.bible.com/en/reading-plans/20547>