

DISCIPLESHIP 101 GUIDE

Providing a flexible framework for taking first steps with discipling.

Tallgrass is excited to help you get started with discipleship! Feel free to initiate this with anyone. If you'd like help getting connected for discipleship, please let us know and we'd be happy to help match you.

BASIC INFO ABOUT DISCIPLESHIP 101:

- You don't have to have been disciplined before.
- Requires very little prep or training. Just be willing to ask the questions and pay attention to the time.
- Meet 1-on-1 or in a triad with a couple others.
- You can meet with someone of the same gender that's the same or a different age/maturity than you.
- Especially in peer-level groups, simply take turns "leading" each week (reading & asking the questions from the Leaders Guide section in the back).
- Work through "The Gospel Centered Life" book together (available for free for those who commit to using them). This resource is great for both long-time believers and those with no faith background.
 - This resource was originally designed as a small group curriculum. But it works great for discipleship use too!
 - The "Leaders Guide" section is in the back of the book, rather than with each chapter in the front "Participants Guide" section. You'll have to do some flipping back and forth.
- 9 lessons, 9 meetings. We recommend meeting weekly for 1.5 hours, covering one chapter per time.
 - There's no pressure to continue meeting together after this unless you both want to.
- After completing this Discipleship 101 "course" you'll be able to turn around and walk through this book with someone else. Think multiple generations of disciples, developing a glorious web of discipleship!
- If you and/or those you disciple are interested in taking a next step after Discipleship 101, talk to Ben Deaver or Dave Geldart about Discipleship 2 path and resources.

STEPS FOR EACH MEETING: *...also on page 5 of the book*

1. Start your time with prayer. Ideally each person would pray (eventually) during this time.
2. Turn to Leaders Guide section in the back for that week's chapter. Make sure to start your first meeting by reading the Gospel Overview on page 7.
3. Read the Big Idea out loud, and any Setup paragraphs.
4. Ask and each answer the Discussion questions, including reading any scripture passages.
5. Read the Article out loud together (in the main, front chapter section).
6. Ask and each answer the Discussion Questions for the Article.
7. Transition to the Exercise. You'll probably want to work on this on your own for 3-5 min before discussing. Alternately, you could choose to work on this during the week beforehand.
8. Wrap up, personal sharing, and prayer.

There's no pressure to be an expert on any of these topics to be able to engage and walk through this resource together. Just be willing to trust God to work in both of your hearts as you go. If you encounter questions or issues that you'd like help with, Ben and Dave are always available to consult and guide you.

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