

TALLGRASS 24-HOUR PRAYER GUIDE

Thanks for praying today! One person praying can change the course of history.

There's lots of freedom for how to use your time praying for renewal personally, for our church, our nation, and the world! You might want to have a journal and a Bible handy. But if helpful, here's an idea for how you could spend your thirty minutes of prayer (5 minutes for each section):

1. **PRAISE**—Praise is the entryway into God's presence (Psalm 100:4). Praise is simply telling God who He is. The Psalms provide a great starting point for this. For example, you could pray Psalm 34:15: "God, we praise You because You are the God who sees us and hears every prayer we pray."
2. **WAITING**—During this time of waiting, take a few minutes of silence to quiet your thoughts and become aware of God's presence (Psalm 131:2). Take note of any prayer direction from the Holy Spirit that comes to mind. We are His people and we can hear His voice (John 10:27).
3. **CONFESSION**—2 Chronicles 7:14 tells us that when God's people repent from wickedness, God blesses and heals their land. Ask God to "search your heart" for any sin, and take a moment to confess it, turn away from it, and receive God's forgiveness (Psalm 139:23-24; 1 John 1:9).
4. **SCRIPTURE READING**—Jesus promises that when we pray according to the Word of God, our requests will be answered (John 15:7-8). We believe there is value in praying Scripture because we want to pray strategic, faith-filled prayers according to God's will and not our own. We also pray with Scripture because that is what all believers in Jesus agree on, and agreement is key for power in prayer (Matthew 18:19).
5. **INTERCESSION**—In intercession, we contend for God to move on someone else's behalf (Romans 15:30; 1 Timothy 2:1-2). Identify where renewal is needed—areas of culture, groups of people needing spiritual renewal, our church, places in your life—and pray for them. For example, we can pray for salvation in our workplaces with 2 Thessalonians 3:1: "Lord, let your Gospel be preached and received well!" Pray prayer requests that, if answered, do three things: 1) brag on God, 2) encourage the saints, and 3) make the jaws of non-believers drop. We want to be a place that people come to get prayed for.
6. **THANKSGIVING**—In thanksgiving, we remember God's blessings. This shifts our perspective from our circumstances to God's activity, strengthening us to contend, believing that God does not withhold any good thing from His children (Psalm 116:17; 1 Thessalonians 5:18; Psalm 84:11). Thank Him for any blessings that come to mind or the ones you see in Scripture. For example, Psalm 103:3: "God, thank You for forgiving all my sin and healing my sickness."

Maybe you get stuck on one of these sections for your entire prayer time. That's great! Maybe you want to keep praying beyond your allotted 30 minutes. That's great! Keep praying (1 Thessalonians 5:17)! Who knows what God might do?

*If you'd like, you're welcome to Zoom in to receive and/or pass the prayer baton (though not required). Check with the previous/next scheduled person beforehand to see if they're interested. **Meeting ID:** 785 422 6920 | **Password:** pray*

